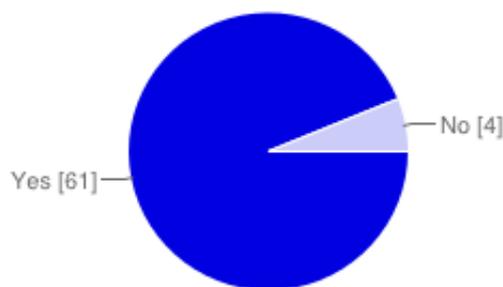


66 responses

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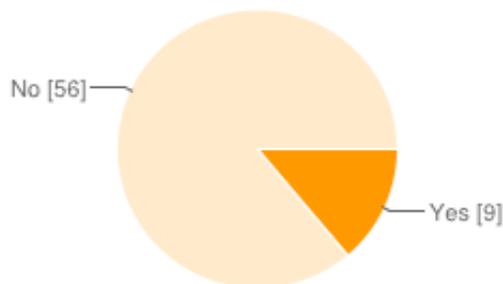
Summary

Prior to reading this post were you aware of dysphagia or swallowing problems in MSers?



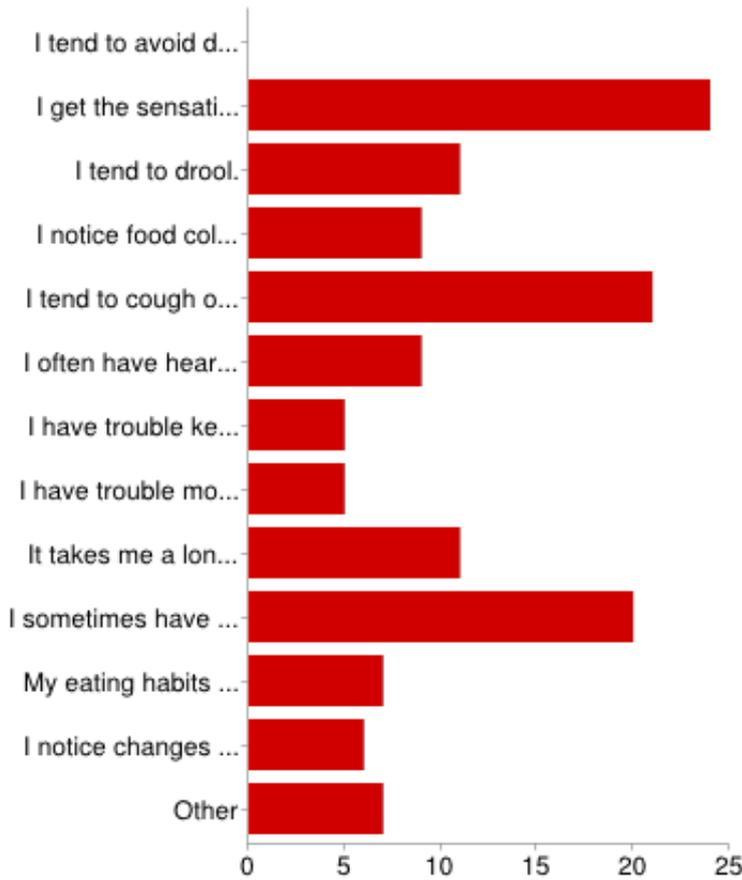
Yes	61	94%
No	4	6%

Has your neurologist or MS nurse specialist discussed dysphagia or swallowing problems with you?



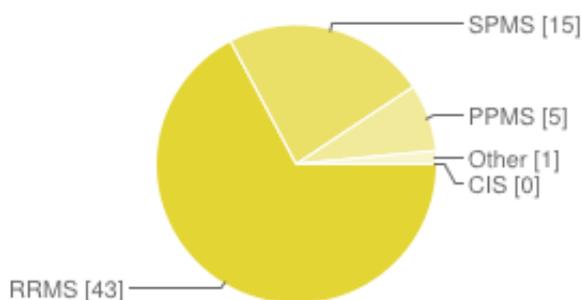
Yes	9	14%
No	56	86%

Do you have a swallowing problem?



I tend to avoid drinking liquids.	0	0%
I get the sensation of food being stuck in my throat.	24	18%
I tend to drool.	11	8%
I notice food collecting around my gum line.	9	7%
I tend to cough or choke before, during or after eating or drinking.	21	16%
I often have heartburn or a sore throat.	9	7%
I have trouble keeping food or liquid in my mouth.	5	4%
I have trouble moving food to the back of my mouth.	5	4%
It takes me a long time to eat a meal.	11	8%
I sometimes have trouble swallowing pills.	20	15%
My eating habits have changed recently or I have lost my appetite.	7	5%
I notice changes in my voice quality after eating or drinking.	6	4%
Other	7	5%

What type of MS do you have?



CIS	0	0%
RRMS	43	67%
SPMS	15	23%
PPMS	5	8%
Other	1	2%

Comment

I have had MS for about 25 years. Throughout that time I have been aware that I will choke/have food or drink go down the wrong way more often than other people. I've always wondered if it was an early sign of dysphagia but it has never developed into anything more severe. I had problems swallowing about ten years ago, but these ceased when starting ldn. My diagnosis is only 2 years old.. but symptoms are getting worse I fear. swallowing only begins to be a problem. regards My problem with pills is with huge multivitamins and calcium pills. Otherwise, I'm okay. I have no problems but as a nurse have looked after a few people with MS who had dysphagia. All were at a stage where they were quite incapacitated by their MS and needed full nursing care. Thank you, an important post. I had some minor issues with drooling but they went away after a brain stem inflammation was gone. No real problems. I often start choking when I drink water 'incorrectly' I don't have any problems with swallowing During the first year of MS I had trouble swallowing liquids, solids and choking. Also choking at night and choking while at the dentist. I did not know what this was and everyone dismissed it. I have had to assume that it has to do with MS. It lasted for several months during 1st yr of MS and has since 95% resolved (now in my 2nd year). I am terrified of it coming back. My problems are mild / dismissible. I became aware of dysphagia or swallowing problems in MSers after coming as MS soc. booklet. I find that if I am distracted when drinking or having fruit like oranges, I start to choke or am gasping for breath. And no, I will not take it up with my neuro, Feeling so frustrated that he does not take care of motor problems in my legs i have had in a year now (study participant - so I told him every 3 months). Don't want to hear again that I am doing well compared with others/making it up. No problem here yet! I've always hated taking big tablets and I have Barrett's oesophagus, so I don't THINK this is connected to my MS - but... who knows? I also get very fatigued in the jaw and neck most times when eating and talking. I don't do well with crumbly textures or raw and leafy vegetables. I also avoid chewy foods so I don't tire out. I recently had a modified barium swallow which did also detect the problem. The speech pathologist who did the test instructed me on aspiration prevention. I am 59yrs old and diagnosed in 2012 after over 20yrs of MS symptoms. Started my first MS treatment, fingolimod, a year ago. Overall, am actually worse than this time last year. Will be discussing this next month when I visit the MS specialist. I live in the southeast United States. I hope this helps you and your research. Not and hasn't been an issue

Disclaimer

Number of daily responses

