

Increases in Serum 25-Hydroxyvitamin D and Cholecalciferol After One Session in a Commercial Tanning Bed. A Randomized Study.

Results of 25-hydroxyvitamin D from baseline throughout the study. Please refer to the article for details.

ID	Age	Weight	Height	Supplementation	Group	Session Length	Baseline	0.25 h	1 h	2 h	4 h	6 h	24 h	48 h	72 h	168 h
	years	kg	cm	µg	(1: Tanning bed, 2: placebo)	minutes	nmol/l	nmol/l	nmol/l	nmol/l	nmol/l	nmol/l	nmol/l	nmol/l	nmol/l	nmol/l
1	56	69	168	0	1	12	53	53	55	51	51	53	56	56	56	54
2	48	68	170	0	1	12	68	57	61	63	63	33	59	64	58	61
3	26	96	190	0	2	10	35	30	30	27	27	27	28	30	28	26
4	54	69	176	0	2	10	45	44	44	48	44	43	47	43	45	47
5	53	60	169	0	1	12	58	61	55	57	56	53	62	62	56	61
6	48	72	169	0	1	12	38	47	43	42	39	49	45	49	42	41
7	46	89	179	5	2	16	70	67	67	66	65	64	65	102	71	63
8	30	57	164	5	2	10	57	63	56	66	55	75	65	60	69	60
9	52	55	160	12	1	12	44	43	47	45	18	45	50	49	48	45
10	54	91	176	30	2	10	72	76	75	70	78	89	76	79	56	81
11	38	82	170	0	2	10	35	33	34	34	33	36	34	37	34	32
12	24	63	176	0	1	12	54	57	59	57	55	57	56	63	68	58
13	37	83	182	0	1	12	31	32	31	32	33	35	42	41	47	47
14	28	57	167	0	2	12	24	22	27	28	26	27	26	24	23	22
15	38	95	170	3	1	10	19	21	22	20	23	21	26	27	29	29
16	52	64,5	170	0	1	12	75	68	78	77	72	74	75	74	74	72
17	30	85	198	5	2	10	39	43	48	49	45	49	45	44	46	47
18	57	75	168	0	1	12	37	38	37	41	39	34	38	34	43	52
19	33	78	190	30	2	10	89	97	82	82	86	80	92	81	89	77
20	31	62	170	0	1	12	27	29	32	25	27	25	27	33	30	33

The statistic results in the article included all measurements, whereas four samples were censored when generating the graphs due to suspiciously big changes.