

Diseases that may be related via low vitamin D

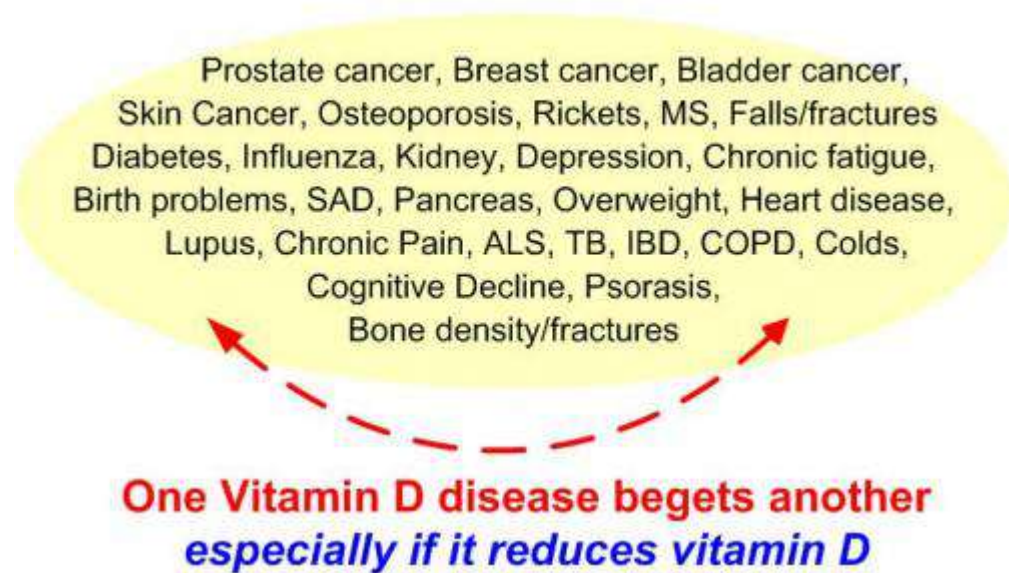
- [Disease associated with low vitamin D increases the probability of another low D disease](#)
- [Vitamin D levels must be restored, even if there is no proof that the current disease will be treated by Vitamin D](#)
[Restoring vitamin D will prevent many subsequent diseases](#)
- [Update: Strong association to other vitamin D deficiency diseases - 12 years in UK July 2013](#)
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Disease associated with low vitamin D increases the probability of another low D disease

Vitamin D levels must be restored, even if there is no proof that the current disease will be treated by Vitamin D

Restoring vitamin D will prevent many subsequent diseases

Diseases related to Vitamin D Deficiency



Diseases listed in the above graphic:

Prostate cancer, Breast cancer, Bladder cancer, Skin Cancer, Osteoporosis, Rickets, MS, Falls/fractures, Diabetes, Influenza, Kidney, Depression, Chronic fatigue, Birth problems, SAD, Pancreas, Overweight, Heart disease, Lupus, Chronic Pain, ALS, TB, IBD, COPD, Colds, Cognitive Decline, Psoriasis, Bone density/fractures

Comorbidity (medical term): the presence of one or more additional disorders co-occurring with a primary disorder

Update: [Strong association to other vitamin D deficiency diseases - 12 years in UK July 2013](#)

Addison's disease, ankylosing spondylitis, autoimmune hemolytic anemia, chronic active hepatitis, celiac disease, Crohn's disease, diabetes mellitus, pemphigoid, pernicious anemia, primary biliary cirrhosis, rheumatoid arthritis, Sjogren's syndrome, systemic lupus erythematosus, thyrotoxicosis, and significantly reduced risks for asthma and myxoedema.

91+ Disease Associations

91+ Disease associations: Disease 1 ==> Disease 2 (both associated with low vitamin D)

- [Statins ==> many diseases associated with low vitamin D update Jan 2012](#)
- [Parkinson, Alzheimer, Stroke ==> Hip fracture](#)
- [Parkinson's ==> Osteoporosis](#)
- [Low Grip Strength ==> Osteoporosis](#)
- [Immune System disease \(CVID\) ==> Osteoporosis](#)
- [COPD ==> Osteoporosis](#)
- [COPD ==> Bone Fracture](#) 4.7 X

- [COPD ==> osteoporosis, cardio., skeletal muscle, anemia, metabolic synd.](#)
- [HIV ==> Osteoporosis](#)
- [Cancer - Prostate ==> Osteoporosis](#)
- [Cancer - Prostate ==> Melanoma](#)
- [Cancer - Gynecological ==> Atherosclerosis](#)
- [Atopic Dermatitis ==> Osteopenia](#) 1.8 X
- [Alopecia Areata](#) spot baldness ==> 5X higher risk of Lupus, vitiligo, metabolic syndrome
- [Skin wrinkles ==> Fragile bones](#)
- [Depression ==> Fragile bones](#)
- [Depression ==> Osteoporosis](#)
- [Depressed ==> Stroke](#) 1.7X
- [Depression ==> Heart Disease](#) 1.4X
- [Depression + Stroke ==> death](#) 3X
- [Depression ==> premature birth](#)
96% increase in premature birth if anti-depressants in late pregnancy
- [Depression ==> Cognitive Decline](#)
- [Depression <==> Diabetes](#)
- [Acne ==> Depression](#)
- [Diabetes ==> Cognitive impairment](#)
- [Diabetes ==> Vertebral fracture](#) in men only
- [Diabetes ==> Rheumatoid Arthritis](#)
- [Diabetes ==> PCOS](#) women
- [PCOS ==> Diabetes](#)
- [Asthma ==> Diabetes](#) 10X
- [ear, nose, and throat infection ==> Diabetes](#) 10X
- [Periodontitis + Low Vit D ==> Diabetes](#) 2.8X
- [Obesity ==> Diabetes](#)
- [Diabetes ==> Pancreatic Cancer](#)
- [Diabetes ==> Cancers](#)
- [Diabetes ==> Alzheimer's](#)
- [Diabetes ==> TB?](#)
- [Diabetes \(T1\) ==> Multiple Sclerosis](#)
- [Diabetes ==> Parkinson's](#)
- [Smoking ==> weak bones](#)
- [Dental problems==> depression \(pregnancy\).](#)
- [Endometriosis ==> Coronary Heart Disease](#) 3X
- [Pregnancy ==> dental problems](#)
- [Pregnancy ==> Restless Legs](#)
- [No molar ==> 12X increase in Breast Cancer](#)
- [Obesity <==> Multiple Sclerosis](#)
- [Obesity ==> Cognitive Decline](#)
- [Obesity ==> Psoriasis](#)
- [Obesity ==> Cancer](#)
- [Obesity ==> Migraine Headache](#) 3X
- [Aortic calcification==> Vertebral fracture](#)
- [Low vitamin D for various reasons ==> 9X Suicide](#)
- [Asthma ==> Heart Problems and death](#)
- [Kidney ==> Tooth loss](#) 7X
- [Kidney Disease ==> Osteoporosis](#) 2014
- [Multiple Sclerosis ==> Asthma](#) 3X
- [Multiple Sclerosis ==> 2.6X increased Migraine Headache, web, full text online](#)
- [Multiple Sclerosis ==> Fractures](#) 4X
- [Multiple Sclerosis ==> Fibromyalgia](#)
- [Multiple Sclerosis ==> Diabetes \(T1\).](#)

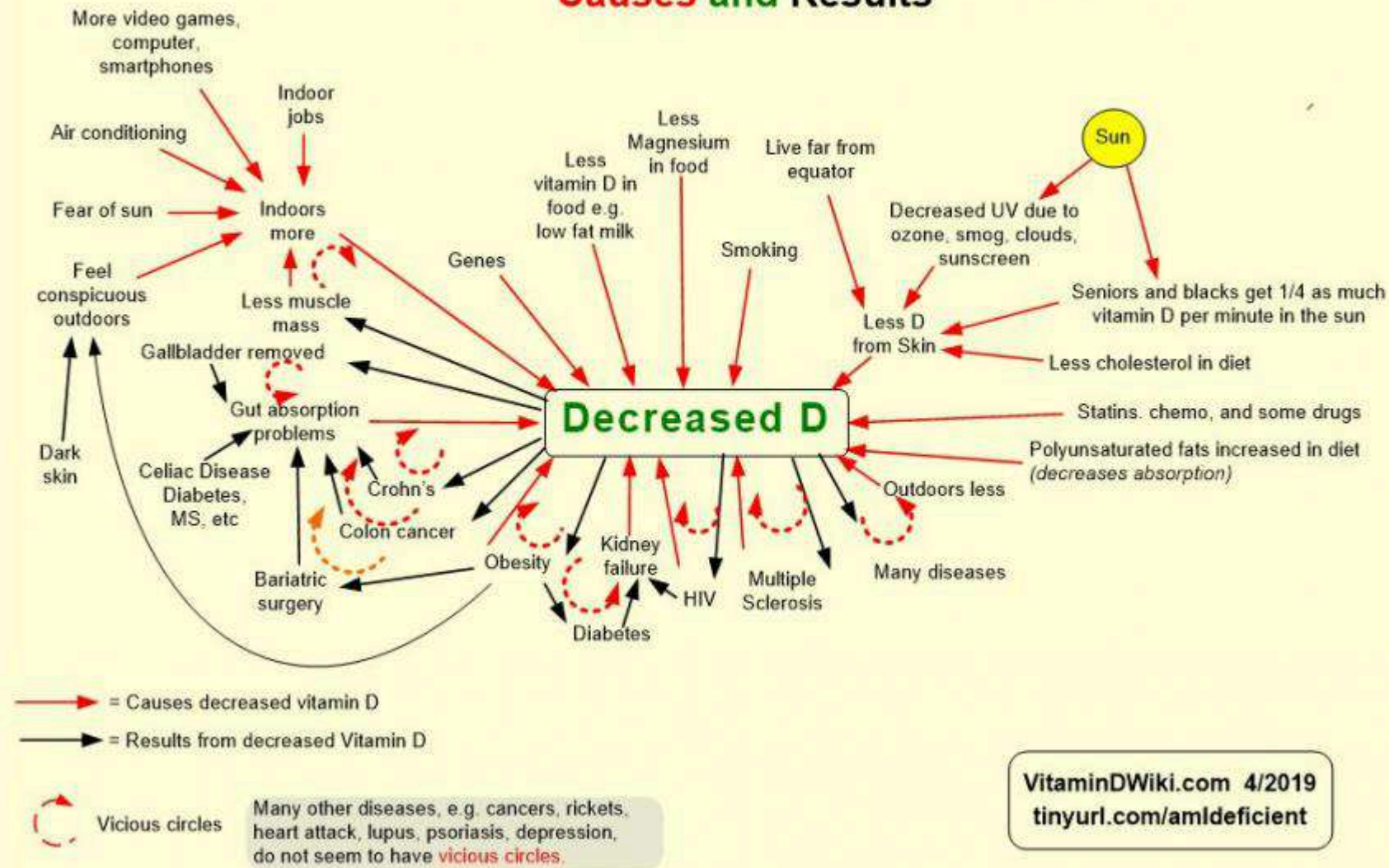
- [Psoriasis ==> Metabolic Syndrome](#) on the web
- [Psoriasis ==> Metabolic Syndrome](#)
- [Psoriasis ==> Kidney Disease](#)
- [Psoriasis ==> Heart problems](#)
- [Psoriasis ==> Diabetes](#)
- [Psoriasis==> Osteoporosis](#)
- [Psoriasis ==> Sleep Apnea](#)
- [Celiac Disease ==> Anemia, Psoriasis](#)
- Celiac Disease ==> poor bones Aug 2014
- [Intestinal Failure \(gut\) ==> Low Bone Mineral Density](#)
- [Chronic Pancreatitis ==> Painful bones](#)
- [Rheumatoid Arthritis ==> Cardiovascular](#)
- [Rheumatoid Arthritis ==> Psoriasis 3.6X](#)
- [IBD ==> Cancer](#)
- [Stroke ==> Hip Fracture](#)
- [Stroke ==> Parkinson's Disease](#) 2.4X
- [Restless Legs <==> ADHD](#)
- [Schizophrenia ==> Depression](#)
- [Schizophrenia ==> Diabetes](#) 3X
- [Sleep Apnea ==> Fatty Liver disease](#)
- [Sleep Apnea ==> Gout](#)
- [Gout ==> Depression 3.8 X](#)
- [Hepatitis-C ==> Cancers - liver, prostate, ?](#)
- [Hepatitis -C ==> peripheral arterial disease](#) 12X increase if > 65 years old
- [Vitiligo ==> thyroid problems](#) 2013
- [Rickets ==> Autism](#)
- [Autism ==> Poor Bones](#)
- [Epilepsy ==> Osteoporosis](#)
- [Rickets ==> Breathing](#)
- [Lupus ==> preterm birth](#)

Most of these problems can be reduced by getting more vitamin D

The more the better - up to a limit

- Sunlight
- [UV](#)
- [Sublingual](#), injection, [bio-emulsified](#) or [other forms of vitamin D](#) which do not require the gut
- Adding a lot more vitamin D than a healthy person would need

Decrease in Vitamin D Causes and Results



CLICK ON chart for more information

See also VitaminDWiki

- [Criteria to associate a health problem with low vitamin D](#)
- [3 to 55 X more likely to have these health problems if low Vitamin D](#)
- [Health problems that run in families are often associated with low vitamin D](#)
- [Incidence of 22 health problems related to vitamin D have doubled in a decade](#)

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The original document is available at <https://vitamindwiki.com/Diseases+that+may+be+related+via+low+vitamin+D>

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