

# 2<sup>nd</sup> Abu Dhabi International Conference on Vitamin D Deficiency And Its Health Consequences

**InterContinental Hotel, Abu Dhabi, UAE**

**March 22, 2013**

Dear Colleagues:

It is our great pleasure to invite you to “2nd Abu Dhabi International Conference on Vitamin D Deficiency And Its Health Consequences”, that is planned to be held at InterContinental Hotel, Abu Dhabi on March 22, 2013. This distinguished event aims to provide participants with new information and tools to enhance the quality and safety practices of care provided to our patients. Following the previous successful conference of last year, one day intensive conference for 2013 will explore the recent epidemiological developments and up-to-date molecular mechanisms of action known to underlie the effects of vitamin D on pregnancy, lactation, immune, metabolic, muscle, and cardiovascular function. Participants will also explore recent changes to vitamin D dietary guidelines, as well as critical next steps in vitamin D research that will aid the translation of basic research and epidemiological data into public health strategies that support the health and well-being of infants, adults, and the aging population.

The program will include talks and discussions on the newest research in the diagnosis, testing and treating illnesses due to lack of vitamin D. Educational sessions will be presented by the most renowned experts in the field of vitamin D from USA, Europe and our region(GCC). This conference is an invaluable learning opportunity that will provide you with the best of science and education on cutting edge, yet practical aspects of vitamin D. We hope that this conference will meet your expectations, stimulate exciting discussions, and lead to fruitful new collaborations.

We look forward to welcoming you to Abu Dhabi at the conference on March 22, 2013.

Dr. Afrozul Haq, Ph.D.  
Chairman, Scientific Committee





## Conference Objectives:

Upon completion of this educational activity, participants will be able to:

1. Identify the reasons of vitamin D deficiency in the UAE, Middle East and the GCC
2. Describe issues related to laboratory measurement of vitamin D
3. Discuss known as well as potential consequences of vitamin D deficiency
4. Explain various biological roles of vitamin D including in tuberculosis
5. Describe the current clinical practice guidelines and their relevance
6. Vitamin D deficiency and cancer
7. Vitamin D deficiency in depression

## Highlighted Topics Include:

1. Epidemiology of vitamin D in the UAE and GCC
2. Vitamin D and rickets
3. Vitamin D biology beyond bones
4. Vitamin D & obstetrics – Improving pregnancy and childbirth
5. Vitamin D & Cancer
6. How to treat Vitamin D deficiency
7. Public Policy on Vitamin D
8. Treatment & Toxicity – benefits and dangers of supplemental vitamin D
9. Vitamin D – Implementing best practice
10. Vitamin D and depression– importance of the sun
11. Vitamin D and tuberculosis
12. Role of the vitamin D receptor in the cardiovascular system

## Key Speakers

**Dr. Afrozul Haq, Ph.D.,** Senior Clinical Scientist, Pathology and Laboratory Medicine Institute, SKMC, Abu Dhabi, UAE

**Dr. Laila Abdel-Wareth, MD,** Chairperson, Pathology and Laboratory Medicine Institute, SKMC, Abu Dhabi, UAE

**Dr. Jaishen Rajah, MD,** Consultant, Pediatrics Institute, SKMC, Abu Dhabi, UAE

**Prof. Mone Zaidi, MD, Ph.D.,** Department of Medicine, Mount Sinai School of Medicine, New York, NY, USA

**Prof. William B. Grant Ph.D.,** Director, Sunlight, Nutrition, and Health Research Center, P.O. Box 641603, San Francisco, CA 94164-1603, USA

**Dr. Meis Moukayed Ph.D.,** Associate Professor of Natural Sciences & Coordinator of Science, American University, Dubai, UAE

**Dr. Fatme Al Anouti, Ph.D.,** Assistant Professor, Zayed University, Abu Dhabi, UAE

**Dr. Ashok Rattan, MD,** Chief Scientific Officer, Arabian Gulf Centre, Ras Al Khaimah, UAE

## Who Should Attend

Physicians, Scientists, Researchers, Laboratory Technologists, Nurses and Allied Healthcare Professionals

## Registration Fees: AED 600

### For registration, please contact:

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### Limited sponsorships & exhibition spaces available

For more information, please contact +971 50 7617355 or +971 56 7620028

## Scientific Committee

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Senior Clinical Scientist  
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Diabetes and Bone Disease  
Professor, Structural and  
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Professor, Geriatrics and  
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