

KRONIKK: Beware of false propaganda against nutritional supplements like vitamin D3

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The Swedish globalist propaganda newspapers DN and Aftonbladet are happy to say that: "The news of a new study does not show any benefit from vitamin D and Omega-3 supplements ." If this is true, it is undeniably a sensational novelty, since a number of other studies clearly show opposite effects.

Cancer, diabetes, MS, depression and childlessness can be due to vitamin D deficiency. Researchers recently discovered that our immune system can not be activated without vitamin D3. There is also a certain connection between too little vitamin D and insulin resistance, type 2 diabetes and metabolic syndrome.

I have looked at the published study that the papers refer to and made some important observations. Firstly, the study has only lasted for five years, which is very short time to determine the development of cancer. It would be natural with a 10 year perspective. The same is also true for the development of cardiovascular disease. Secondly, the levels of the supplements tested have been low. The individuals in the trial have only received a daily supplement of 2000 IU of vitamin D3 and only 1 gram of Omega-3 oil. The recommended dose for vitamin D3 supplement is up to the triple dose for effect.

With regard to Omega 3 supplements, the idea is to match the high Omega-3 intake in the industry food that is usually on several grams per day, explaining why only 1 gram of Omega-3 has a slight negligible effect if you do not eat Organic animal products that have a better balance between Omega-3 and 6.

I get a feeling when I make these observations, that the purpose of the study has been to make the results look like no significant effect of the two supplements. This meant that I researched a little further about who has done the study and found that it was carried out by a research team from something called the VITAL Research Group.

The main sponsor of the research group turns out to be Big Pharma with close relationships with Rockefeller Foundation. The same organization, which for a hundred years has systematically opposed and faded natural medicine to eliminate their competition with the allopathic medicine based on synthetic and patented pharmaceutical preparations.

In other words, the **current study** appears as part of the D3 promotional campaign launched by Big Pharma. The first attack on D3 I found in August in the propaganda newspaper, the New York Times.

My legitimate suspicion is that this study is staged by circuits that are close to the pharmaceutical industry. Striking a number of American medical organizations behind the study is no guarantee whatsoever that the study is not governed by financial interests, as virtually all such organizations differ in ways from Big Pharma.

The study was also presented at a heart congress with the American Heart Association (AHA) in Chicago. AHA is financed by the pharmaceutical and food industry and has a budget of NOK 8 billion. There is quite a lot of money for an organization of this type.

Vitamin D3 intake threatens the vaccine industry

One may wonder why close-up circles of the pharmaceutical industry are concerned about costing a study like this. The answer is;

.... Daily daily supplementation of vitamin D3 (5000 to 7000 IU) provides a greatly improved immune response and reduced risk of influenza, for example. This has to be seen in the perspective of Big Pharma withdrawing billion dollars each year on influenza vaccine with dubious effects and sometimes serious side effects that, in principle, will be completely unnecessary if people are fond of high doses of D3 .

The latter, after all, have a much greater protective effect than these vaccines.

Of course, the new discoveries of D3 constitute a threat to the pharmaceutical industry's interests. Increased consumption of the D3 can reduce the need for a long list of industry's highly profitable patented synthetic preparations that often carry major side effects, which do not release natural preparations.

In these globalist days - without a critical and investigative press, we can not be careful when we take part in the propaganda spread in the globalist MSM to lead us to not care about our own health.

I have published the book "The Metabolic Pandemic", which analyzes the financial interests that govern the school medicine and the production of the industry food. There I try to describe how to take responsibility for their health with the help of organic natural food, as well as important supplements. The book has been launched and the publication is currently sold out, but will soon be released in the third and extended edition.

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